

Case Example

Contributed by Dr. David Hawkins MD, PhD.

A hopeless “chronic schizophrenic” who had seen “all the world’s academic experts” over the years, and who was refractory to antipsychotic medicines, was brought in for treatment by the forlorn family. He was placed on a sugar-free diet and megavitamins. In addition, he was placed on rotation diets in order to reverse cerebral allergy toxicity. The patient was indeed very psychotic, with severely impaired irrational thought disorder. My clinician’s mind silently said to me that he was “made as a hatter”; so I ordered a hair analysis test for toxic materials because the patient had spent time in the past spraying horticultural pesticides.

As can readily be noted, all the above procedures and modalities were outside of academic medical practice. Kinesiological assistance with diagnosis and an effective treatment modality would have been equally ridiculed.

The overall results, however, were astonishing in that the patient made a full recovery. The hair analysis (as clinically suspected) showed mercury poisoning. Rotation diets revealed cerebral wheat allergy. The patient was placed on a gluten-free diet, and the mercury was chelated out with massive doses of ascorbic acid. The psychosis disappeared, and the patient returned to normal life and functioning.