

More Info About Dr. Brown

Certificates

- Awards
 - Memberships
 - Education
 - Research Interests
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- Visceral Manipulation 1A Workshop – Upledger Institute, Nov. 2004
 - Body Talk System Module 1 & 2, May 2006
 - Somato Emotional Release – Upledger Institute, Dec. 2003
 - Clinical Training in Mind/Body Medicine – Harvard Medical School, June 2002
 - Science of Mind/Body Medicine – Harvard Medical School, May 2002
 - Continuing Education Course entitled “Complementary and Integrative Medicine” – Harvard Medical School, Feb. 2001
 - Craniosacral Therapy – Level 1 – Upledger Institute, May 2000
 - Practical Herb Course – Toronto, ON Oct. 2000
 - First Aid and CPR
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- Canadian Sailing Team Bursary for The University of Western Ontario
 - Alive Bursary “in recognition of my potential to make a significant contribution to Holistic Medicine” – Canadian College of Naturopathic Medicine, CCNM, Nov. 1999
 - Bronze Medal – Canadian Olympic Trials Miami, FLA, 1996
 - Overall Canadian Windsurfing Champion – Pro Division, Collingwood, ON 1995 (Six time Canadian Champion in total)
 - Several Provincial and National Achievement Awards

- Institute for Naturopathic Education and Research (INER)
 - Canadian Association of Naturopathic Doctors (CAND)
 - Society for Scientific Exploration (SSE)
 - Institute of Noetic Sciences (IONS)
 - International Body Talk Association (IBA)
 - Canadian Yachting Association (CYA)
 - International Society for Orthomolecular Medicine (ISOM)
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- B.A. (Physiology and Psychology) - The University of Western Ontario (1998)
 - CST - Craniosacral Therapy, Upledger Intitute (2000)
 - Clinical Training in Mind/Body Medicine Harvard Medical School CME (2002)
 - The Canadian College of Naturopathic Medicine (2002)
 - D.N.M. - Examining Board of Natural Medicine (2003)
 - N.D. - The Boucher Institute of Naturopathic Medicine (2006)

Continuing Education (2006~)

- Introduction to Applied Kinesiology – CCNM, Toronto, ON April 2006
- Body Talk Module 1& 2 – Teeswater, ON May 2006
- Primary Care Conference for physicians – U of T, Toronto, ON May 2006

My research interests are in Optimal performance. From athletes to the general public, I like to discover the best in people and help them reach their optimum states of functioning.

The Mind and powers of the mind are of great interest to me.

I am interested in all aspects of consciousness studies: Altered states of consciousness, meditation, self transformation, Near Death Experiences (NDEs), "in the zone" experiences, and beliefs about consciousness and reality.

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Publications

“Explorations on a Path to a Higher State of Consciousness” - ISSN 1180-0658 Consciousness Review
Vol. 3, 1997

Interests

Include writing, photography, outdoor activities, reading, and yoga

Languages

Fluent in French (French Immersion throughout public school)